

HOBOKEN DAY CARE 100
Weekly Food INFANT Program Menu
MARCH 16-MARCH 20, 2020

*Birth-5 Months

**-6-11 Months

MONDAY 03/16	TUESDAY 03/17	WEDNESDAY 03/18	THURSDAY 03/19	FRIDAY 03/20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Multigrain Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Rice Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Multi-Grain Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz.-Breastmilk/Formula *0-3 Tbsp: Infant Oatmeal Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Sweet Potato/Mango/Kale	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Pear, Zucchini, Corn	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Banana, Carrot, Mango	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Squash, Apple, Corn	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Vegetable Chicken (Peas & Carrots) **1-4 Tbsp: Pears
Snack	SNACK	SNACK	SNACK	SNACK
*4-8 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Lil Crunchies	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Cheerios	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Banana Puffs	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-2: Soft Grain Bars	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Fruit & Veggie Melts

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