

**HOBOKEN DAY CARE 100**  
**Weekly Food Program Menu**  
 Week of November 18-22, 2019

Whole and 1% milk is served daily with breakfast and lunch.

MONDAY 11/18	TUESDAY 11/19	WEDNESDAY 11/20	THURSDAY 11/21	FRIDAY 11/22
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Whole wheat pancakes with applesauce	Whole wheat French toast sticks with Mandarin oranges	Whole wheat waffles with pears	Corn muffins with orange juice	Rice Krispies with pineapples
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken quesadilla with shredded yellow cheese on multigrain wrap with pears	Beef hot dogs, sliced whole grain bread, vegetarian beans and pineapples	Broccoli and egg omelet, sliced whole wheat bread and Mandarin oranges	Elbow macaroni and cheese, broccoli and mixed fruit (pears, peaches, pineapples and cherries)	Grilled cheese on whole wheat bread, corn and peaches
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
Granola bars	Dried cranberries with Saltine crackers	Apples with Ritz crackers	Rice Krispie treats	Vanilla wafers with milk