

**HOBOKEN DAY CARE 100**  
**Weekly Food INFANT Program Menu**  
**November 18-22, 2019**

\*Birth-5 Months

\*\*-6-11 Months

| <b>MONDAY<br/>11/18</b>                                                                                                    | <b>TUESDAY<br/>11/19</b>                                                                                                               | <b>WEDNESDAY<br/>11/20</b>                                                                                                      | <b>THURSDAY<br/>11/21</b>                                                                                                        | <b>FRIDAY<br/>11/22</b>                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>BREAKFAST</b>                                                                                                           | <b>BREAKFAST</b>                                                                                                                       | <b>BREAKFAST</b>                                                                                                                | <b>BREAKFAST</b>                                                                                                                 | <b>BREAKFAST</b>                                                                                                                                |
| *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>**0-3 Tbsp: Infant Oatmeal cereal                     | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>**0-3 Tbsp: Infant Rice Cereal                                    | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Multi-Grain Cereal                       | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Oatmeal Cereal                            | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Rice Cereal                                              |
| <b>LUNCH</b>                                                                                                               | <b>LUNCH</b>                                                                                                                           | <b>LUNCH</b>                                                                                                                    | <b>LUNCH</b>                                                                                                                     | <b>LUNCH</b>                                                                                                                                    |
| *4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Apple Avocado | *4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Sweet Potato, Mango, Kale | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Squash, Apple, Corn | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Apple, Peacj, Squash | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Vegetable Beef<br>**1-4 Tbsp: Pears |
| <b>Snack</b>                                                                                                               | <b>SNACK</b>                                                                                                                           | <b>SNACK</b>                                                                                                                    | <b>SNACK</b>                                                                                                                     | <b>SNACK</b>                                                                                                                                    |
| *4-8 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-2: Soft Baked Grain Bars                          | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Banana Puffs                                          | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Yogurt Melts                                   | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Cheerios                                        | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Fruit & Veggie Melts                                           |

