

HOBOKEN DAY CARE 100

Weekly Food Program Menu

Week of FEBRUARY 3-FEBRUARY 7, 2020

Whole and 1% milk is served daily with breakfast and lunch.

| MONDAY 02/03 | TUESDAY 02/04 | WEDNESDAY 02/05 | THURSDAY 02/06 | FRIDAY 02/07 |
|---|---|---|--|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Whole wheat pancakes with applesauce | Blueberry muffins with orange juice | Whole wheat French toast sticks with peaches | Whole wheat waffles with Mandarin oranges | Multigrain Cheerios with pineapples |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Chicken and cheese tacos, corn and pears | Egg and cheese omelet with French fries and peaches | Baked turkey with yams, applesauce and sliced whole wheat bread | Bologna and cheese on whole wheat bread, string bean salad and mixed fruit (peaches, pears, cherries, pineapples and grapes) | Mozzarella cheese pizza, broccoli and Mandarin oranges |
| SNACK | SNACK | SNACK | SNACK | SNACK |
| Pretzel crisps | Chocolate chip granola bar | Raisins and Wheat Thins | Vanilla yogurt with dried cranberries | Go-gurt with Club crackers |