

**HOBOKEN DAY CARE 100**  
**Weekly Food INFANT Program Menu**  
**January 27-January 31, 2020**

\*Birth-5 Months

\*\*-6-11 Months

| <b>MONDAY<br/>01/27</b>                                                                                                    | <b>TUESDAY<br/>01/28</b>                                                                                                               | <b>WEDNESDAY<br/>01/29</b>                                                                                                                                             | <b>THURSDAY<br/>01/30</b>                                                                                                       | <b>FRIDAY<br/>01/31</b>                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>BREAKFAST</b>                                                                                                           | <b>BREAKFAST</b>                                                                                                                       | <b>BREAKFAST</b>                                                                                                                                                       | <b>BREAKFAST</b>                                                                                                                | <b>BREAKFAST</b>                                                                                                                                                   |
| *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>**0-3 Tbsp: Infant Rice Cereal                        | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>**0-3 Tbsp: Infant Multi-Grain Cereal                             | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Oatmeal Cereal                                                                  | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Rice Cereal                              | *4-6 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Multi-Grain Cereal                                                          |
| <b>LUNCH</b>                                                                                                               | <b>LUNCH</b>                                                                                                                           | <b>LUNCH</b>                                                                                                                                                           | <b>LUNCH</b>                                                                                                                    | <b>LUNCH</b>                                                                                                                                                       |
| *4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Apple Chicken | *4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Sweet Potato, Mango, Kale | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Turkey & Rice (Peas&Carrots)<br>**1-4 Tbsp: Pear Pineapple | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Squash, Apple, Corn | 4-8 fl.oz. Breastmilk/Formula<br>**6-8 fl.oz. Breastmilk/Formula<br>*0-3 Tbsp: Infant Cereal<br>**1-4 Tbsp: Butternut Squash<br>**1-4 Tbsp: Apricots w Mixed Fruit |
| <b>Snack</b>                                                                                                               | <b>SNACK</b>                                                                                                                           | <b>SNACK</b>                                                                                                                                                           | <b>SNACK</b>                                                                                                                    | <b>SNACK</b>                                                                                                                                                       |
| *4-8 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Peach Puffs                               | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Fruit & Vegetable Melts                               | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-2: Soft Grain Bars                                                                            | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Cheerios                                       | *4-6 fl.oz. Breastmilk/Formula<br>**2-4 fl.oz. Breastmilk/Formula<br>**0-4 Tbsp: Lil Crunchies                                                                     |

