

HOBOKEN DAY CARE 100
Weekly Food INFANT Program Menu
FEBRUARY 3-FEBRUARY 7, 2020

*Birth-5 Months

**-6-11 Months

MONDAY 02/03	TUESDAY 02/04	WEDNESDAY 02/05	THURSDAY 02/06	FRIDAY 02/07
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Rice Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Multi-Grain Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Rice Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Vegetable Beef (Tomato, Peas & Carrots) **1-4 Tbsp: Apple Cherry	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Peas, Carrot, Spinach **1-4 Tbsp: Pears	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Carrot, Mango, Pineapple	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Sweet Potato, Apple, Pumpkin	4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Macaroni & Cheese (Squash, Sweet Potato) **1-4 Tbsp: Banana, Plum, Grape
Snack	SNACK	SNACK	SNACK	SNACK
*4-8 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Lil Crunchies	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Cheerios	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Strawberry Apple Puffs	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Yogurt Melts	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-2: Soft Grain Bars

--	--	--	--	--