

HOBOKEN DAY CARE 100

Weekly Food Program Menu

Week of September 14-18, 2020

Whole and 1% milk is served daily with breakfast and lunch.

MONDAY 9/14	TUESDAY 9/15	WEDNESDAY 9/16	THURSDAY 9/17	FRIDAY 9/18
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
*4-6 fl. Oz. Breastmilk/formula **4-8 fl.oz. Breastmilk/formual **0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl. Oz. Breastmilk/formula **4-8 fl.oz. Breastmilk/formual **0-3 Tbsp: Infant Rice Cereal	*4-6 fl. Oz. Breastmilk/formula **4-8 fl.oz. Breastmilk/formual **0-3 Tbsp: Infant Multi-Grain Cereal	*4-6 fl. Oz. Breastmilk/formula **4-8 fl.oz. Breastmilk/formual **0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl. Oz. Breastmilk/formula **4-8 fl.oz. Breastmilk/formual **0-3 Tbsp: Infant Rice Cereal
SNACK	SNACK	SNACK	SNACK	SNACK
*4-6 fl.oz. Breastmilk/formula **2-4 fl.oz. Breastmilk/formula **0-4 Tbsp: Pear Pineapple	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/formula **0-4 Tbsp: Apple Cherry	*4-6 fl.oz. Breastmilk/formula **2-4 fl.oz. Breastmilk/formula **0-8oz. Yogurt Melts	*4-6 fl.oz. Breastmilk/formula **2-4 fl.oz. Breastmilk/formula **0-4 Tbsp: Apple Cinnamon Puffs	*4-6 fl.oz. Breastmilk/formula **2-4 fl.oz. Breastmilk/formula **0-4 Tbsp: Goldfish Crackers