

HOBOKEN DAY CARE 100
Weekly Food INFANT Program Menu
November 11-15, 2019

*Birth-5 Months

**-6-11 Months

MONDAY 11/11	TUESDAY 11/12	WEDNESDAY 11/13	THURSDAY 11/14	FRIDAY 11/15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Rice cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula **0-3 Tbsp: Infant Multi-Grain Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Oatmeal Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Rice Cereal	*4-6 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Multi-Grain Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Turkey & Rice (Peas & Carrots) **1-4 Tbsp: Peaches	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Squash, Apple, Corn	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Carrot, Mango, Pineapple	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Apple, Pumpkin, Squash	*4-8 fl.oz. Breastmilk/Formula **6-8 fl.oz. Breastmilk/Formula *0-3 Tbsp: Infant Cereal **1-4 Tbsp: Macaroni & Cheese w Vegetables **1-4 Tbsp: Apple Cherry
Snack	SNACK	SNACK	SNACK	SNACK
*4-8 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Cheerios	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Fruit & Veggie Melts	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Lil Crunchies	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-2: Soft Grain Bars	*4-6 fl.oz. Breastmilk/Formula **2-4 fl.oz. Breastmilk/Formula **0-4 Tbsp: Apple Strawberry Puffs

